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# RETHINKING INTRODUCTORY PHYSICS LAB COURSES

AAPT New Faculty Workshop,  
June 26, 2018

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Complete this sentence:

**MY  
INTRODUCTORY  
PHYSICS LABS  
WERE...**



where I realized I am not an idiot and I am capable of physics.



..instrumental in my love for physics and particularly experimentation, data fitting, and visualization.

Frustrating but fun. We had no textbook for the course, and learned every concept through experiments. Almost made me change my major!

...lab equipment troubleshooting sessions.

where I learned to use excel to record/analyze loads of data pretty quickly ('twas '02). Getting math models from graphs was awesome



Eminently forgettable ... I don't think I  
remember a single one.



forgettable, for the most part.

Forgettable and haven't used  
them in my own teaching practice.

Forgettable

Awful



Something to get through in compliance  
with the norms of schooling



Pressurised. Felt like too  
much to 'get through' to get  
things working and the  
'correct answer'

formulaic.

cookbook.

confusing and not relatable


pretty cookbookish

..spent with a lab-mate who  
was willing to cook the data  
in order to finish ASAP so  
that the prof would let us  
leave an hour or two earlier

# LEARNING OUTCOMES:

By the end of this session, you should be able to:

- List goals you have for students in your lab courses
- Describe some techniques and strategies for teaching those goals
- Adapt your own lab activities to incorporate those techniques and strategies



# WHAT ARE THE GOALS OF PHYSICS LAB COURSES?

*THINK :*

LIST SOME GOALS OF INTRO PHYSICS LABS

*PAIR :*

DISCUSS THEM WITH YOUR NEIGHBOR

*SHARE:*

DISCUSS WITH THE GROUP

# DO LABS TARGET...

A.

Understanding  
scientific  
concepts

B.

Interest and  
motivation

C.

Practical skills  
and problem  
solving abilities

D.

Scientific habits  
of mind

E.

Understanding  
the nature of  
science and  
measurement



# LABS TARGET...

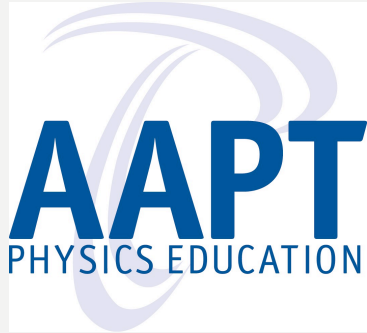
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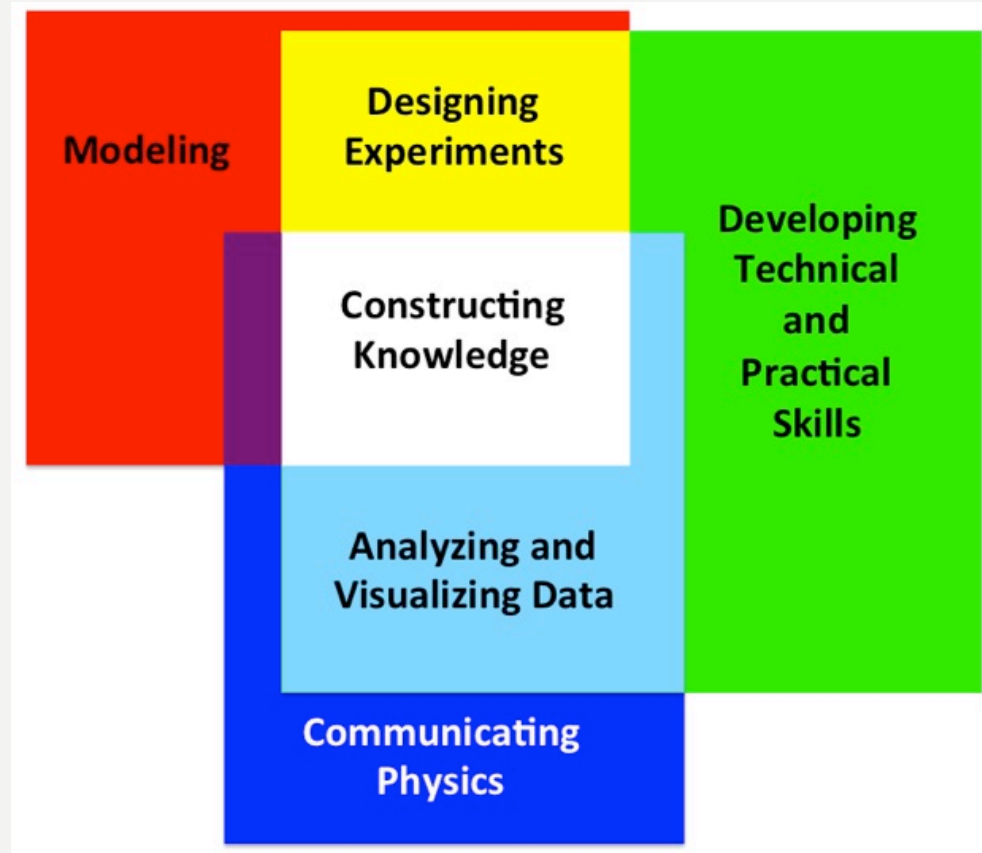
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# AAPT Recommendations for the Undergraduate Physics Laboratory Curriculum



Report prepared by a Subcommittee of the AAPT Committee on Laboratories  
Endorsed by the AAPT Executive Board  
November 10, 2014


Understanding  
scientific  
concepts

Interest and  
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**LABS ARE NOT  
PROVIDING  
MEASURABLE ADDED-  
VALUE TO LEARNING  
COURSE CONTENT**

Holmes, Wieman, & Bonn (2015)  
Holmes & Bonn (2018)

# STUDYING THE IMPACT OF LABS ON REINFORCING COURSE CONTENT

Research question

- Does taking a lab, designed to reinforce course material, improve student understanding of course material?

Conditions

- Students taking and students not taking the associated lab course (optional)

Assessment

- Final exam (lab-related and non-lab-related questions)

# DEALING WITH SELECTION EFFECT

Students  
who take  
the lab

≠

Students who  
do not take  
the lab

# LAB RATIO

Score on lab-  
reinforced questions

---

Score on non-lab-  
reinforced questions

(All content covered in lecture/discussion,  
some further reinforced in labs)

# HYPOTHESIS

$$\frac{\text{Score on lab-reinforced questions}}{\text{Score on non-lab-reinforced questions}}$$

Lab  
students

>

$$\frac{\text{Score on lab-reinforced questions}}{\text{Score on non-lab-reinforced questions}}$$

No-Lab  
students



# MULTI-INSTITUTION STUDY



Jack Olsen  
(UW)



Jim Thomas  
(UNM)



Carl Wieman  
(Stanford)

## Institution 1:

- Small, private, elite research-based institution in California

## Institution 2:

- Large, public research-based institution in Northwestern US

## Institution 3:

- Medium, public research-based institution in southwestern US

# MULTI-INSTITUTION STUDY

## Differences:

- 3 very different populations of students
- Varied instructional approaches
- Mechanics and E&M courses
- Different instructors

## Similarities:

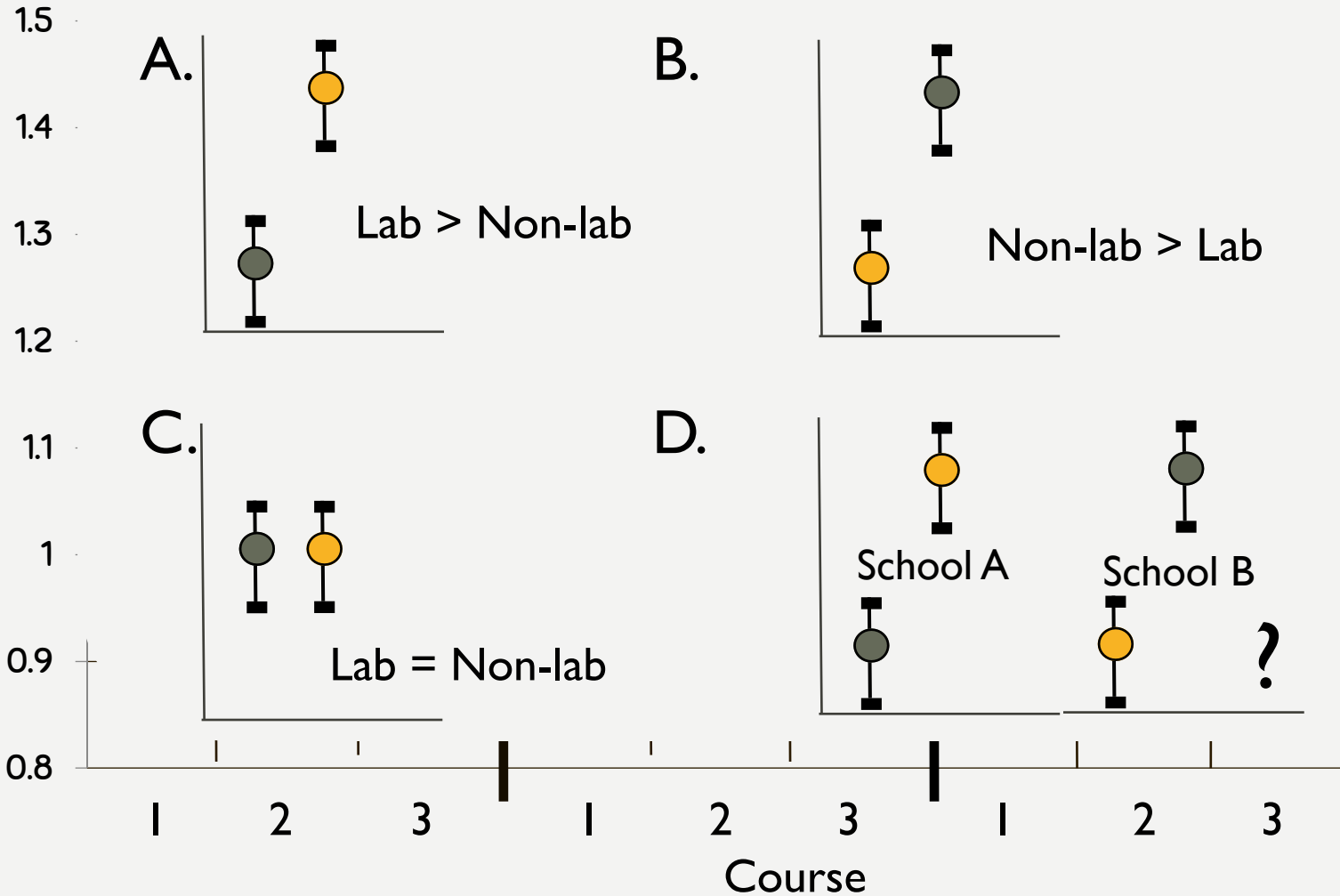
- All three shared the goal to reinforce material in the rest of the course
- Labs were designed to achieve that aim (e.g. making predictions, comparing results to predictions, etc.), generally quite prescribed

Score on lab-reinforced questions

Score on non-lab-reinforced questions

● Lab Students  
● Non-lab students

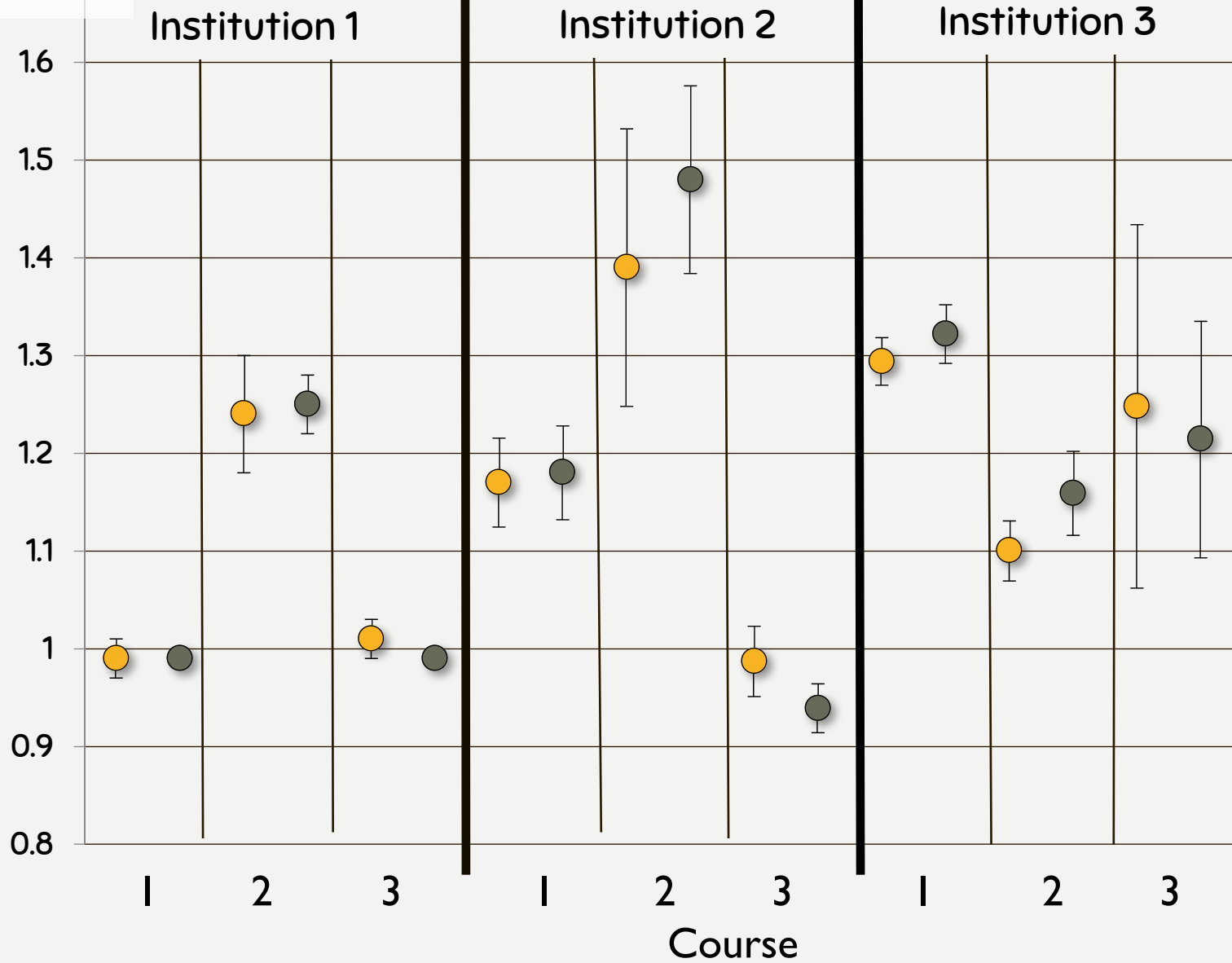
1.6  
**Prediction:**



Score on lab-reinforced questions

Score on non-lab-reinforced questions

● Lab Students  
● Non-lab students



# WHY?

Who's doing the work?

- Labs are inherently active
- Students are *doing* work

Who's doing the intellectual work?

# QUICK NOTES:

Interactive lecture demonstrations!

- Predict-observe-explain methods are very effective and more efficient (15 minutes?)
  - e.g. Miller, et al. Phys. Rev. ST-PER (2013).

Simulations (PhET)!

- As good (better?) than hands-on and can be done cheaply, at home, etc.
  - e.g. Finkelstein, et al. Phys Rev ST-PER (2005)

# STUDENT ATTITUDES TOWARDS EXPERIMENTAL PHYSICS

## Colorado Learning Attitudes about Science Survey for Experimental Physics

- Zwickl et al. (2014) *Phys Rev ST – PER*

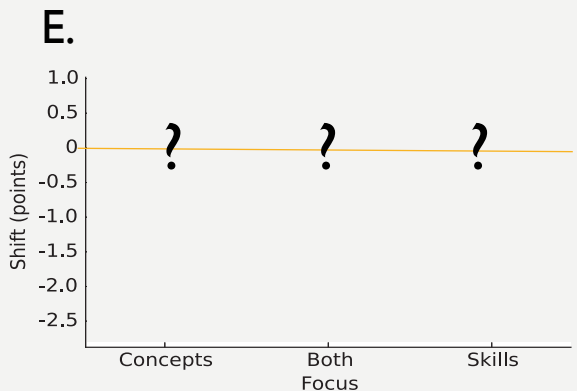
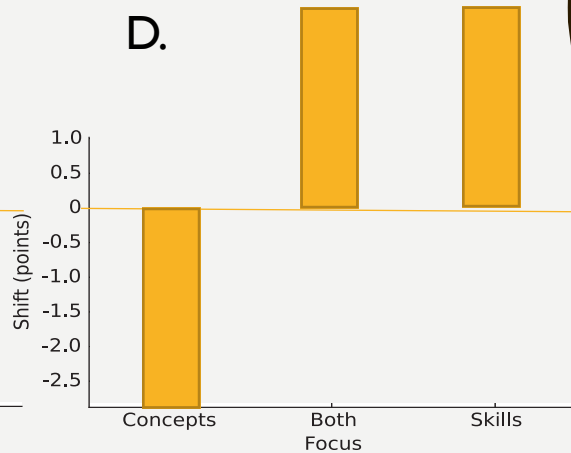
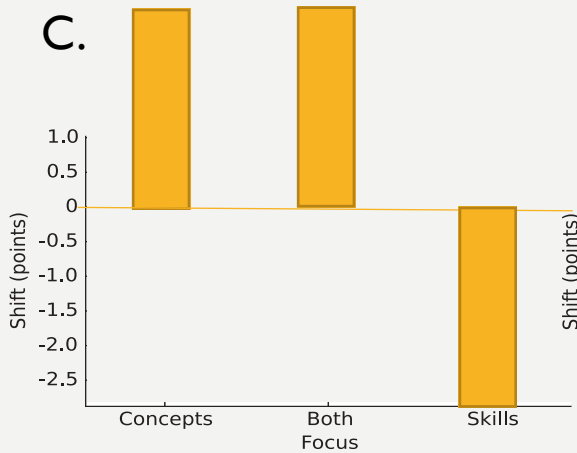
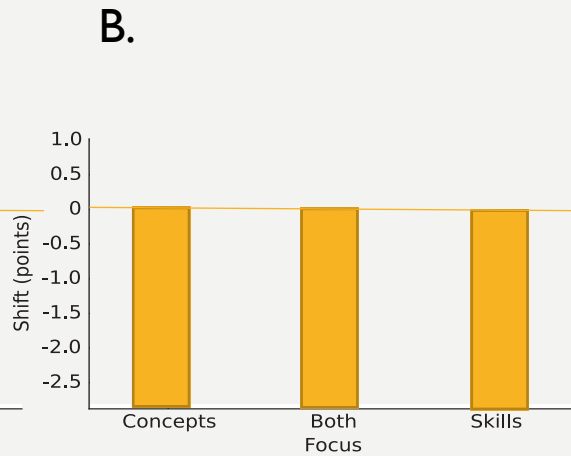
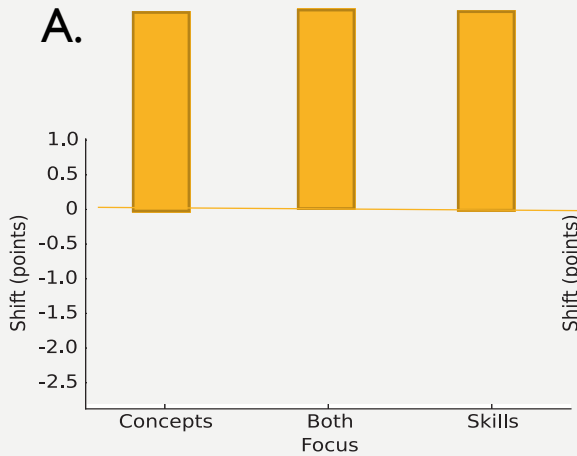
Do students agree with statements about experimental physics? Scores aligned with expert responses

- When doing an experiment, I try to understand how the experimental set up works.
  - Agree
- When doing a physics experiment, I don't think much about sources of systematic error.
  - Disagree

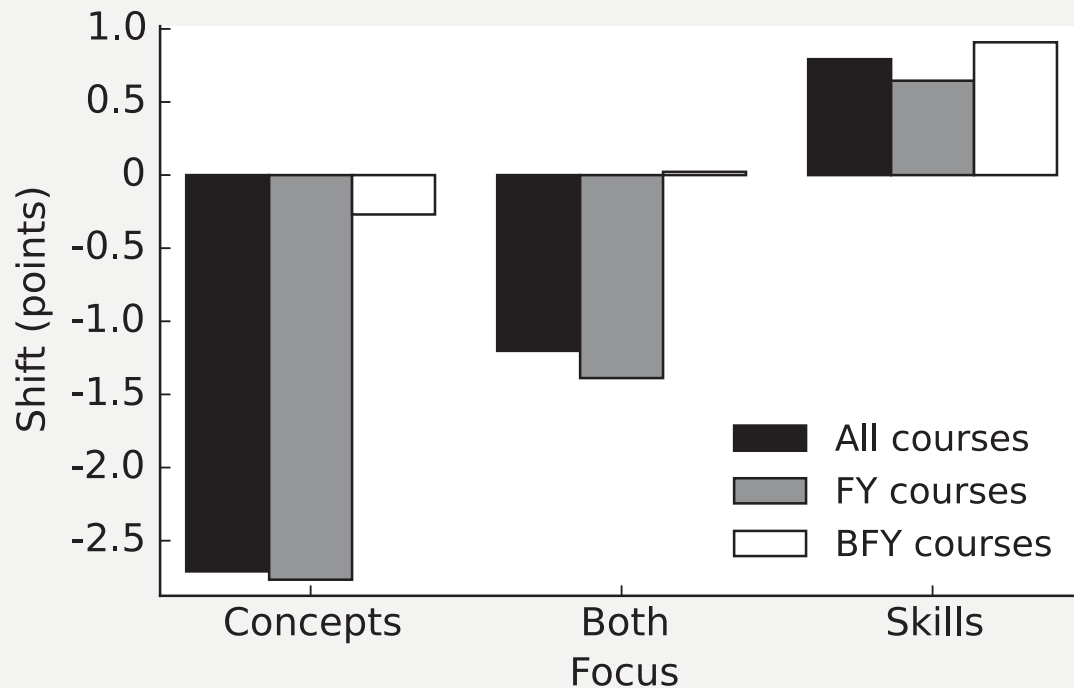
# STUDENT ATTITUDES TOWARDS EXPERIMENTAL PHYSICS

Positive shift means attitudes & belief become more expert-like

Wilcox & Lewandowski (2017) Phys. Rev. PER 13, 010108








**LABS THAT AIM TO REINFORCE CONCEPTS DECREASE STUDENT ATTITUDES TOWARDS EXPERIMENTAL PHYSICS**

Positive shift means attitudes & belief become more expert-like

Wilcox & Lewandowski (2017)  
Phys. Rev. PER 13, 010108

15. To better investigate the model, what should the Group 2 students do next?

16. Why should they do this?

I  HATE labs. Theoretical only.

**THE EXTREME CASE**

# LABS TARGET

Hofstein & Lunetta  
(1983; 2004)

Understanding  
scientific  
concepts

Interest and  
motivation

Practical skills  
and problem  
solving  
abilities

Scientific  
habits of mind

Understanding  
the nature of  
science and  
measurement

# LEARNING GOALS AT CORNELL:

By the end of the three-course intro lab sequence, students should be able to:

1. Collect data and revise the experimental procedure iteratively, reflectively, and responsively,
2. Evaluate the process and outcomes of an experiment quantitatively and qualitatively,
3. Extend the scope of an investigation whether or not results come out as expected,
4. Communicate the process and outcomes of an experiment, and
5. Conduct an experiment collaboratively and ethically.

# DESIGN A NEW PENDULUM LAB: GOALS

$$T = 2\pi \sqrt{\frac{L}{g}}$$

Think:

- Pick one learning goal from the list above
- Narrow it down to one or two more specific outcomes (skills)
- Use the language “By the end of this experiment students should be able to...”
  - e.g. Quantify uncertainty in repeated trials using standard deviation
  - NOT Show that pendulum doesn’t depend on angle or mass – that’s a physics content goal

# DESIGN A NEW PENDULUM

## LAB: ACTIVITY

$$T = 2\pi \sqrt{\frac{L}{g}}$$

### Think-Pair:

- How would you structure the lab so students can actively achieve that outcome?
- What are the issues that arise?

# DESIGN A NEW PENDULUM

## LAB: ACTIVITY

$$T = 2\pi \sqrt{\frac{L}{g}}$$

Share:

- What was your goal?
- What was your lab activity?
- How does the lab activity achieve the goal?
- What are the issues that arise?

# A NOTE ON STRUCTURE

## Traditional

Measure T for given L and find g

Measure L, predict and measure T

Lay out all the instructions, number of trials, etc.

## Full open-ended

Here's a pendulum, choose a research question and design an experiment.

Here's a room full of lab equipment, choose a research question and design an experiment.





# OUR PENDULUM LAB

## Objectives:

- **Identify sources of statistical uncertainty**, instrumental precision, and systematic effects
- **Decide what and how much data** are to be gathered to produce reliable measurements given the set of concerns above
- **Define and calculate** the mean, standard deviation, the standard uncertainty in the mean, and the difference between means in units of uncertainty
- **Propose and carry out follow-up investigations** or revisions in light of the data and model

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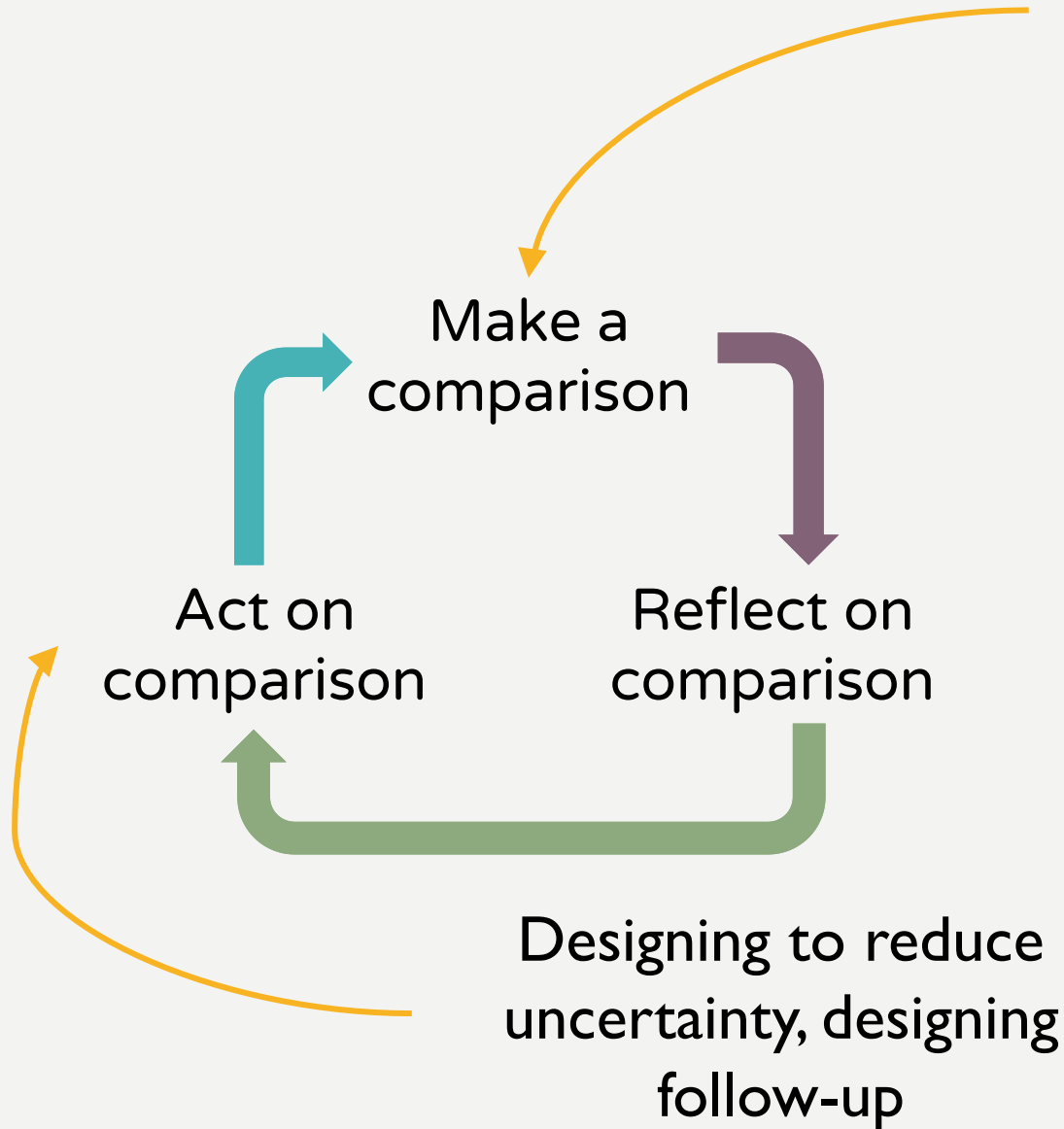
Understanding the nature of science and measurement

Practical skills and problem solving abilities

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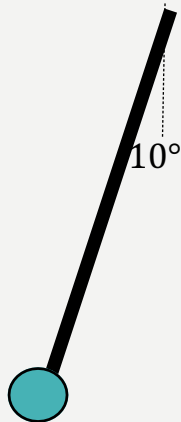
# STRUCTURE

Quantitative,  
with  
uncertainty



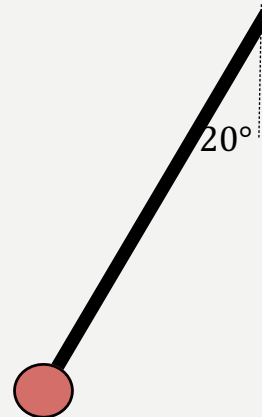
# LAB QUESTION:

Does the period of a pendulum differ when released from different amplitudes ( $10^\circ$  and  $20^\circ$ )?



$$T = 1.84 \pm 0.08 \text{ s}$$

VS



$$T = 1.81 \pm 0.08 \text{ s}$$

Diff  $\sim 0.2\sigma$

Case study:

- Measure time for single period,  $T$
- Repeat 10 times, find average, standard error

# What might a difference of $0.2\sigma$ mean?

$$t' = \frac{T_{10^\circ} - T_{20^\circ}}{\textit{Uncertainty}}$$

Small difference means values are close  
**AND/OR**  
uncertainty is large

# WHAT DO THEY *WANT* TO DO NEXT?

1. Increase the number of trials
2. Measure more swings per trial
3. Use a photogate instead of a stopwatch
4. Measure another angle
5. Write it up, list their sources of error, then go home

# WHAT DO THEY *WANT* TO DO NEXT?

How do we deal with this?

- Instructions tell them to find a way to reduce their uncertainty, implement it, and then evaluate whether it helped.

D. Measure another angle

**E. Write it up, list their sources of error, then go home**

# WHAT *COULD* THEY DO NEXT?

- A. Increase the number of trials
- B. Measure more swings per trial
- C. Use a photogate instead of a stopwatch
- D. Measure another angle
- E. Write it up, list their sources of error, then go home

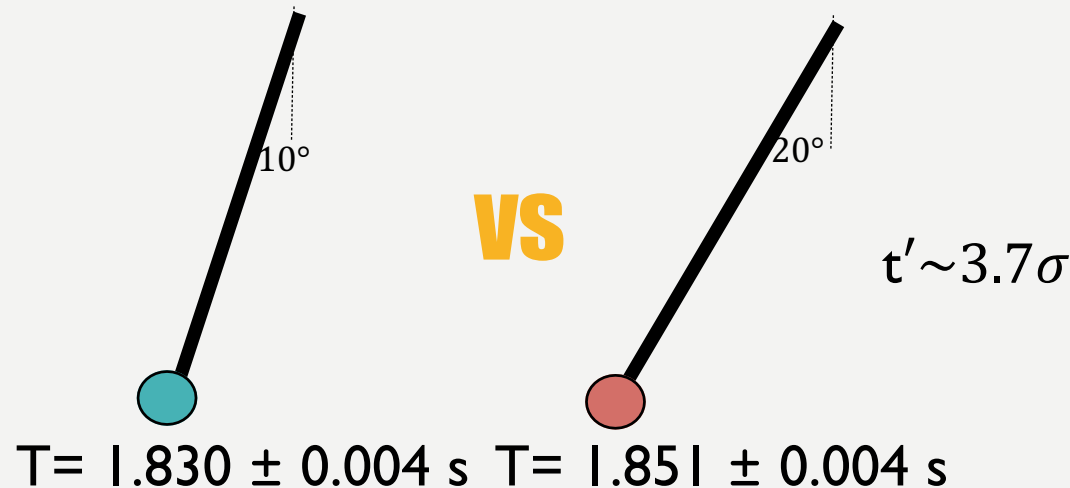


# WHAT DID THEY DO NEXT?

- A. Increase the number of trials
- B. Measure more swings per trial**
- C. Use a photogate instead of a stopwatch
- D. Measure another angle
- E. Write it up, list their sources of error, then go home

# WHAT DID THEY DO NEXT?

Case study:



- Measure time,  $t$ , for 20 periods
- Divide by 20 to get period, repeat average, standard error...

The opposite of the expected happened:

Conclusion:  $t_{\text{meas}} > 3 \Rightarrow$  measured values are different

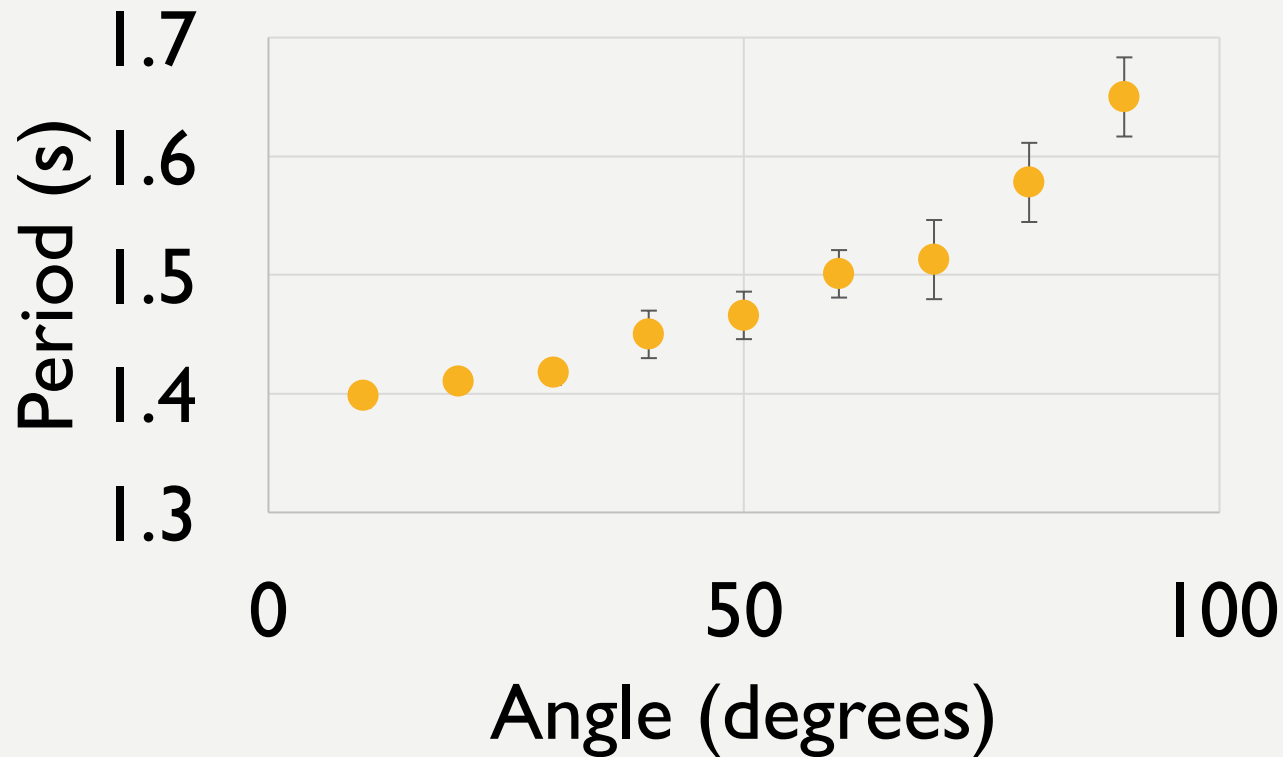
The period of a pendulum does depend on the angle with the vertical in the initial position.

The algebraically derived formula for  $T \approx 2\pi \sqrt{\frac{l}{g}}$  of a pendulum is only valid for small angles.

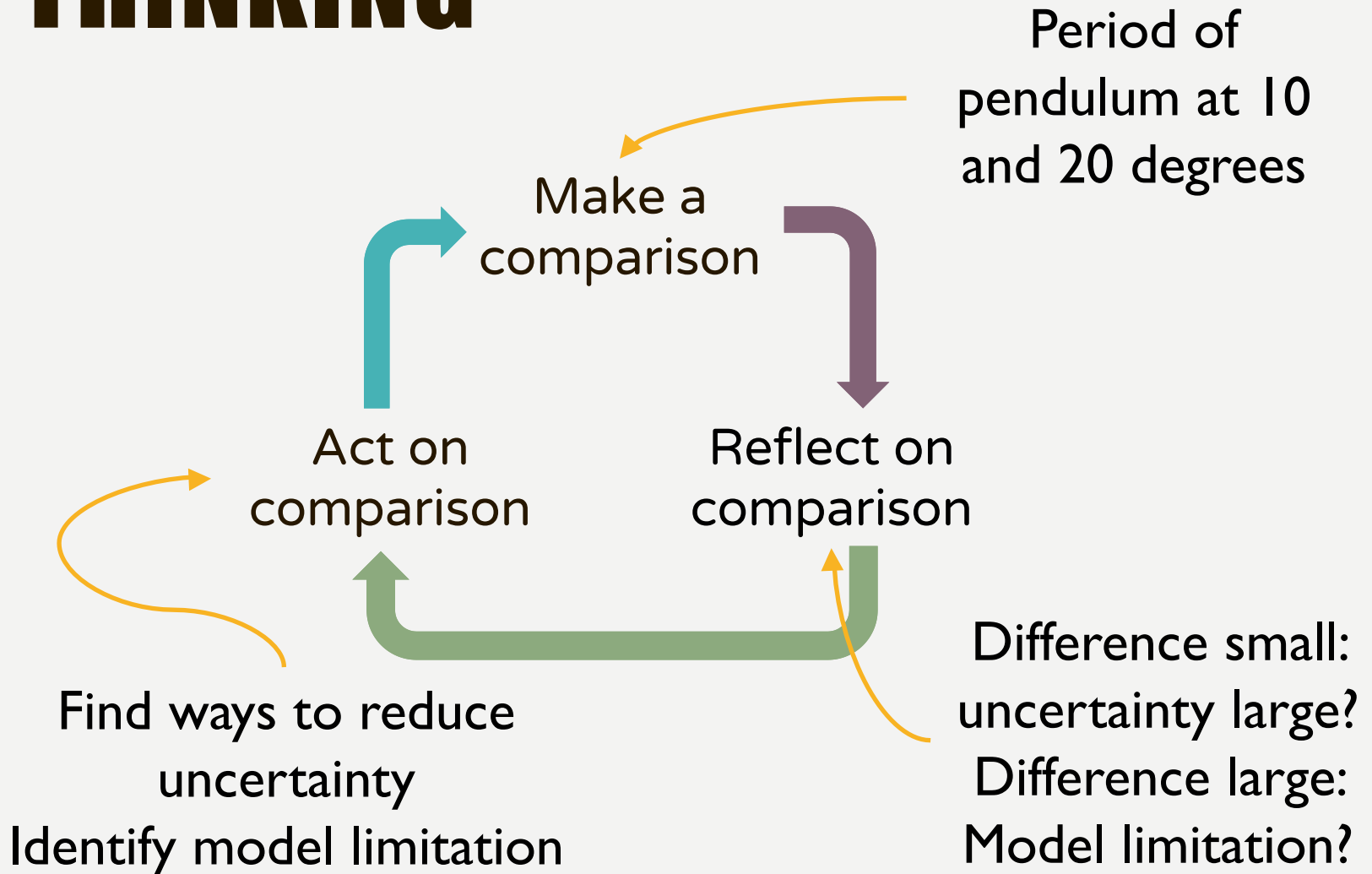
Considering the results of this experiment,  $20^\circ$  is obviously not 'small' enough since the angle has an effect on the period  $T$  and should be somehow ~~more~~ represented in the formula.

If you can make a precise enough measurement, you can show that the theoretical derivation of the equation of motion for a pendulum is just a 'good approximation' and reality is slightly more complicated.

# PERIOD AS A FUNCTION OF ANGLE

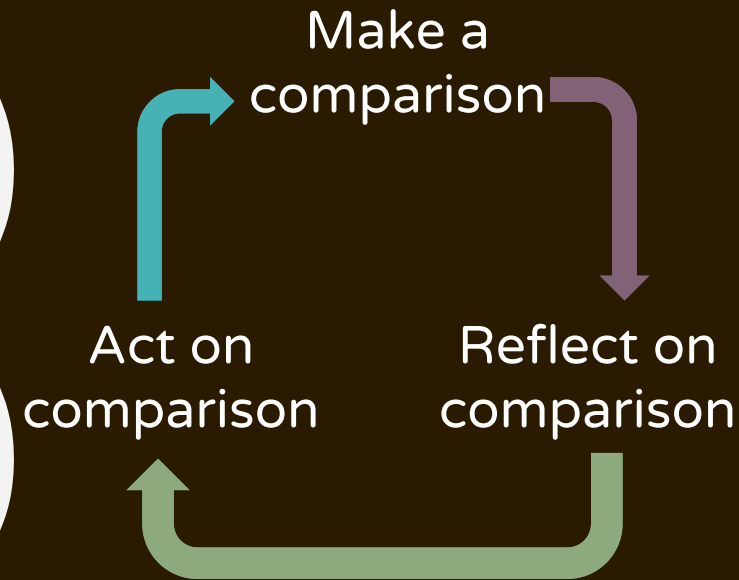


# QUANTITATIVE CRITICAL THINKING



# WHY ITERATIVE CYCLES WORK

- Comparisons help students make sense of results
- Agency and freedom to make decisions (and mistakes)
- Feedback and support to learn from decisions
- Opportunities and time to revise and improve
- Situations where physics isn't 'perfect' (deal with disagreements)



# POSSIBLE FIRST STEPS:

- Change the goals to focus on **process** rather than **product**
- Spread labs over **multiple sessions**
- Give students **agency**

# POSSIBLE FIRST STEPS:

- Change the goals to focus on **process** rather than **product**
  - Use things where they don't necessarily know the answer (e.g. pendulum angle dependence, or a value that they can't "look up")
  - Grade on the behaviors you want, make them submit things that represent the behaviors you want
- Spread labs over **multiple sessions**
  - Less worry about "content" coverage
- Give students **agency**:
  - Reduce structure and remove with guiding questions
  - Does NOT mean open up the space entirely – can still structure, scaffold, and constrain
  - Again: Use experiments where students don't know the answer
  - Fade structure over time



# WAYS TO ASSESS

- PLIC: closed-response assessment of students' critical thinking skills in context of intro physics labs
  - [cperl.lassp.cornell.edu/PLIC](http://cperl.lassp.cornell.edu/PLIC)
- E-CLASS: survey of students' attitudes and beliefs about experimental physics
  - [tinyurl.com/ECLASS-physics](http://tinyurl.com/ECLASS-physics)

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- CDPA: multiple choice test of student understanding of data analysis
- Physics Measurement Questionnaire: open-response assessment of student understanding of uncertainty and measurement

# ~~POSSIBLE PITFALLS~~ CHALLENGES?

- Shifting focus to process is hard
  - “Coverage”
  - Want them to get to the right answer
- Giving students control is scary
  - “Controlled chaos”
- Others you can think of?

# EXAMPLE: UPPER-DIVISION OPTICS LAB

## Limitations:

- Safety + expensive equipment (lasers)
- Lots of content knowledge required
- Lots of practical, equipment knowledge required

## Solution:

- Week 1: Use structured lab
- Week 2: Students design and carry out their own extension:
  - new variables, improvements to design, extend range...

# RESOURCES

Many materials shared online at

[sqilabs.phas.ubc.ca](http://sqilabs.phas.ubc.ca)

Currently developing new labs that will be shared at

[cperl.lassp.cornell.edu](http://cperl.lassp.cornell.edu)

Contact me if you want some examples:

[ngholmes@cornell.edu](mailto:ngholmes@cornell.edu)